



New Roots Seattle Program Overview





New Roots Seattle Program Overview

IRC's New Roots program focuses on food access and the nutritional needs of families upon arrival in the U.S., and builds on the agricultural experience of many new refugee and immigrant families by providing access to land, materials, and education for program participants to grow healthy food.

New Roots is about healthy families, secure communities and a more sustainable future. It's about dignity, determination and the boundless possibility of human connection. And it's about the power of people to heal and nurture positive change from the ground up.

Through environmental education workshops, food justice programming, volunteer and community engagement, and the facilitation of leadership empowerment and peer-learning, the New Roots program in Seattle enables the sustainable development of safe, inclusive, and healthy green spaces for refugees in South King County.



■ *Katie Vincent of Seattle Tilth leads a workshop on soil testing and nutrient building for Burmese and Bhutanese gardeners. These workshops provide valuable environmental education opportunities for garden participants, and helps gardeners integrate their own agricultural knowledge with a regional climatic context to help them maximize production in their garden plots.*

■ A local girl scout troop plants spinach seedlings with Bhutanese gardeners at the Namaste Community Garden. This collaboration was part of the New Roots programs' efforts to foster community integration and environmental education at our garden sites.



■ Refugee youth from neighboring Foster High School prepare communal garden beds at the Namaste Community Garden as part of the Youth Food Justice program. The program is a cornerstone of the New Roots programs' environmental education efforts, focusing on food justice, sustainable growing, regional food systems, and nutrition.



Connect with us at seattle@rescue.org

